

Orange Grove Adult Riders Club



Handbook 2017

Firstly, welcome to Orange Grove Adult Riders Club

This booklet covers the below items:

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Current 2017 Committee

President:	Karen Hardy
Secretary:	Jill Claybrook
Treasurer:	Marnie Johnson
Uniforms:	Rowena Morris
Rally Co-Ordinator:	Karen Hardy
Committee Member's:	Lori Woods Barbara Smith Nicky Munro Stacey Summers Meghan Lovell-Dew Janet Pilmer

If you have any questions regarding rally groups you are in or anything else, please do not hesitate to make contact with any of our committee members, we are a friendly very approachable bunch.

If you have any suggestions, please feel free to mention them and we can raise them up at our next committee meeting. We are always open to new positive suggestions to improve our club for you.

If you are interested in joining the committee, please attend one of our Quarterly Committee meetings per year, they are usually held on a Tuesday night at the Karinya Equestrian Park's Clubhouse from 7.30pm. There is always room for energetic and motivated members.

Membership

Membership is open to members 18 years and over.

Our annual membership is from January to December.

We are affiliated with EA, so your membership includes Public Liability insurance while you are riding on the Karinya Equestrian Park at any time.

Annual Membership Fees

Membership	\$200.00
	Includes Insurance, Pavilion Hire, Council Fees & Rates
	ARCA Levies
	EA Affiliation

Membership fees are payable in full through Nominate by the first Rally on 12 March 2017.

Full members are able to use our grounds throughout the week for personal use. We usually have the gates open on a Wednesday, so if you require a different day, please let the committee know.

If you require 24/7 Personal Insurance, please visit the WA Equestrian website for the different levels of insurance available. This will insure yourself anywhere at any time.

<http://www.wa.equestrian.org.au/>

Rally Fees

All rally entries are via Global, and the link will be sent out to you monthly via email from the Rally Co-Ordinator.

All entries close the Friday prior to the rally date.

\$30.00 for the first Rally

\$25.00 for the second = \$55.00 for 2 Lessons.

All our instructors are certified Level 1 & 2 NCAS, and also Coach Educators.

If you are unable to make it to a rally, please let the Rally Co-Ordinator know in advance. We can credit fees to next rally with Vet Certificate or a weeks' notice in advance.

Rally Setup

All members are expected to help setup and pack away equipment for the day's rallies whether, it is flat work, poles, show jumping or x-country.

NB: please see Co-ordinator for Poles/Show Jumping set up plan.

Rally Lunch

We have a lunch at every rally, which is a chance to meet and mingle with fellow riders over lunch and a beverage. The fee is \$5 per rally and payable with your rally entry on Global. Which will include Lunch and Beverage.

Adult Riders Club Association

As an Adult Riders Club, we are also involved in 3 ARCA challenges throughout the year, for those that wish to compete. This is a competition run between all ARCA Affiliated Adult Rider Clubs in WA. They are a lot of fun, relaxed and encouraging days. They are a good way to learn about what the various competitions involve and gain confidence.

Uniforms

You will be able to order uniforms at the join up day 29 January 2017, they will be there for collection at the first rally.

Costs are:

Polo Shirt	\$40.00
Polo Fleece Vest	\$50.00
Wind Breaker Jackets	\$55.00
Long Sleeve Polo	\$45.00
Pants	\$40.00
Ice Arms	\$10.00
White Saddle Cloth	\$50.00
Green Saddle Cloth	\$50.00

All include our club logo and your name on clothing. Pictures are available on our website. All orders must be paid in full before they will be ordered.

All uniforms are available throughout the year, so don't feel like you need to purchase everything all at once.

General Rally uniform is a club shirt, and light coloured jodhpurs. Club Saddle cloths are optional but preferred. Please present neat, tidy and on time for the Instructors. Approved safety approved helmet must be worn.

Please note, when representing OGARC at ARCA challenges you are required to wear full club uniform of Club shirt, white or light coloured jodhpurs, gloves, long boots or chaps with matching colour boots and tidy hair. If representing the club in turnout, you should all be dressed in the same full club uniform.

Events

Throughout the year we host several events, which help us to fund the club and cover our costs.

You are expected and it is also terms and conditions of our Membership to help out at least 3 of these events throughout the year. This covers set up to pack down and everything in between. These competition days are our only form of fundraising to keep our club going, if you choose not to support these days it effects everyone.

You will be given the option for which events you would like to help at, and individual jobs will be allocated closer to the time. All information and training will be provided to carry out these jobs (i.e. gear checkers will have current EA regulations supplied).

If for some reason you are not able to make your rostered helper duty, or do not wish to do it, a \$50 donation can be made to the club so we can pay a helper to fill your allocated job.

If this donation is not made, you will be expected to fill your roster.

The Orange Grove Adult Riding Club is a Team and many hands make light work and strengthen relationships. So your support in any way is always appreciated.

Helper Duties on the day will be, but not limited to:

Dressage

Penciller's
Runners
Marshall's
Gear Checker

Show Jumping

Penciller's
Marshall's
Jump Poll Steward's
Gear Checker

X-Country

Jump Judge
Runners
Gear Checker

Hacking

Penciller's
Marshall's

Overall

Canteen
Scoring

Housekeeping

Front Gates

Please ensure the gates are closed after arriving or leaving for the safety of all horses on the grounds

First Aid

Our first aid kit is kept in Room 1.

If anything needs to be replenished, please let a committee member know

Gear

Members are expected to inspect their gear regularly and make sure it is in safe working order and clean. There is a Trophy up for grabs at the end of the year for Best Turned out 😊

Yards

Please ensure you remove your left over hay and manure from your yard. You can scatter the manure on an area without grass and hay to be taken home. Please leave the yard tidier than when you first got there.

Please ensure all rubbish is either taken home or put in bins on the grounds.

Damages

Please report any damages to the ground to a committee member, so required repairs can be carried out

Dogs

No dogs are allowed on the grounds for either rally days or events.

Arena Etiquette

If travelling in the opposite direction pass left shoulder to left shoulder.

If travelling in the same direction, let riders know if you are going to pass.

If you are walking move to the centre of the arena so others can pass on the outside.

Leave at least two horse lengths between you and the horse in front of you, if need be, turn a circle to create some distance.

If you need to halt, please move to the middle of the arena.

Riders must be courteous to other riders and instructors.

What are Figures?

Figures are “prescribed paths a horse is ridden on in a riding arena...[which] provides markers that can help indicate the correctness in the size or shape of a figure”

Why - gives rider feedback about their own skills (a poor circle may indicate the rider sits crooked)

- gives rider feedback about their horse’s training and weaknesses (a poor circle may indicate the horse pops out a shoulder)
- figures are used in dressage tests, reining tests, jumping courses, and some equitation classes
- encourages development of core strength – “By guiding the horse through geometric figures and changes of tempo or gait, the patient must make adjustments to their own posture in order to maintain an upright, balanced position.

